

AIDE AUX
HOMMES
EN DIFFICULTÉS
CONJUGALES

TU VIS DES DIFFICULTÉS CONJUGALES ?

Rupture, conflits, jalousie, violence,
victime de violence conjugale, deuil,
difficultés relationnelles

AS-TU BESOIN...

- ▶ d'aide ?
- ▶ de parler ?
- ▶ de diminuer ta douleur ?
- ▶ de te démêler ?
- ▶ d'améliorer tes comportements ?
- ▶ de comprendre ?
- ▶ de savoir quoi faire ?
- ▶ de renoncer ?
- ▶ d'informations juridiques ?

PRENDS L'INITIATIVE
514.384.6296

www.ServiceAideConjoints.org



NOS SERVICES

**sont offerts sans égard à l'orientation sexuelle,
ni à l'origine ethnoculturelle.**

- ▶ Réponse téléphonique
- ▶ Intervention rapide de soutien et d'orientation
- ▶ Accueil-évaluation
- ▶ Rencontres de suivi individuel
- ▶ Groupes
- ▶ Information juridique
- ▶ Ateliers thématiques

Nos services sont offerts en français et en anglais.

Nous assurons la confidentialité, une réponse
rapide et personnalisée.

Notre équipe est composée d'intervenants
formés et qualifiés.

Fondé en 1986, le *Service d'aide aux conjoints*
est un organisme sans but lucratif.

HELP FOR
**MEN HAVING
PROBLEMS**
IN THEIR COUPLE
RELATIONSHIP

ARE YOU HAVING PROBLEMS IN YOUR COUPLE RELATIONSHIP?

Breakup, conflicts, jealousy, violence,
victim of domestic violence, loss,
interactions difficulties

DO YOU NEED TO...

- ▶ Get help?
- ▶ Talk to someone?
- ▶ Reduce your suffering?
- ▶ Figure things out?
- ▶ Change your behaviour?
- ▶ Understand what's going on?
- ▶ Decide what to do?
- ▶ Get over the relationship?
- ▶ Obtain legal information?

TAKE THE INITIATIVE
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OUR SERVICES

**are available for men of any ethnic origin
or sexual orientation.**

- ▶ Telephone help line
- ▶ Rapid support and orientation services
- ▶ Personal evaluation
- ▶ Individual followup meetings
- ▶ Group support
- ▶ Legal information
- ▶ Theme-based workshops

Our services are available in both English and French.

Your confidentiality is assured. We provide fast,
personalized service.

Our team is made up of qualified, trained staff.

The *Service d'aide aux conjoints* was established in 1986
and is a non profit organization.